



**RESCON 2005 – THIRD CIRCULAR**

**INTERNATIONAL CAVE RESCUE CONFERENCE  
RESCON 2005 – THE SAFETY POINT**

*Conference Organiser:* GOPR (Volunteer Mountain Rescue Service) Headquarters,  
Cave and Technical Rescue Subcommittee of GOPR Training Committee.

*Conference Manager:* Mr Tadeusz Widomski

*Conference Secretary:* Mr Jarosław Gutek

**Date: 19<sup>th</sup> – 25<sup>th</sup> September 2005**

**Venue: MORSKO recreation centre in Morsko, Jura, Poland**

The **CAVE RESCUE CONFERENCE RESCON 2005** is a continuation of the cave rescuers' conferences which were held in Germany 1999 and England 2003. The aim of those conferences was to share experience in organising and conducting underground rescue operations.

With the conference **THE SAFETY POINT** we would like to introduce a series of themed meetings connected with different techniques and methods of cave rescue operations. Since 2003 the Cave Subcommittee together with HILTI specialists have been training GOPR rescuers in techniques of fastening belay points, their durability and usage, and thus rock and cave protection.

**Conference programme**

**Sunday, 18.09**

Delegates arrive. Official Opening of RESCON 05 – 6.00 pm

**Monday, Tuesday 19-20.09**

During the conference together with HILTI Corporation we would like to present a training programme **THE SAFETY POINT**:

- introduce participants to the techniques of fastening belay points, both mechanical and glued-in, in various kinds of rock
- run durability tests and specify the parameters of the fastened anchors and thus choose appropriate types for particular kinds of rock and environment
- discuss cave and rock protection
- present ways of protecting climbers and cavers by fastening belay points in rocks and caves
- suggest how to choose the appropriate places to fasten belay points

**THE SAFETY POINT** as the theme of the conference will be realised both theoretically and practically during the first two days.

Due to the large number of participants there will be practical trainings in making belay points, rigging and rope ascending and descending techniques on the nearby rocks known as '*The Library*'.

**Wednesday, 21.09**

Day trip to Kraków and the salt mine in Wieliczka.

**Thursday, 22.09**

- unification of cave rescue techniques
  - methods of carrying casualties in narrow caves
  - techniques of widening narrow passages
- This practical training is run by GOPR instructors who present their experience in the techniques of conducting rescue missions in narrow caves and ways of widening narrow passages using explosives and widening techniques.





## Friday, 23.09

Introducing participants to the medical training system in Mountain Rescue Service both theoretically and practically.

Exploring two nearby caves: Studnisko and Koralowa.

Presenting new cave rescue equipment.

## Saturday, 24.09

Rescue missions in *Studnisko* and *Koralowa* caves run by the organisers, GOPR and participants using the techniques and methods presented during **RESCON 2005**.

Conference round-up and conclusions.

17.00 – Closing ceremony

## Sunday, 25.09

Departures

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### Costs

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-*conference fee*: 40 EU, paid in advance to:

**GOPR ZARZĄD GŁÓWNY**  
**Piłsudskiego 65,34-500 Zakopane ,Poland**  
**Account no. 26 1060 0076 0000 3200 0026 6308**

Deadline: **15th July 2005**

-*accommodation* (paid on arrival):

bungalow 6 pers.- 5 EU

room 4 pers.- 10 EU

room 2 pers.-15 EU

apartment- 70-110 EU

all prices per person per night

-*meals* (paid on arrival):

3 meals a day for 12 EU per person per day

Accommodation and prices of meals might be subjects to slight changes due to the current euro exchange rate.

Please fill in the attached application form and send to:

[goutec@pro.onet.pl](mailto:goutec@pro.onet.pl)

[t.widomski@bz.net.pl](mailto:t.widomski@bz.net.pl)

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Current information: [www.gopr.pl](http://www.gopr.pl)





## Application form

1. Full name:

2. Address:

3. Tel: E-mail:

4. Organisation/club:

5. Accommodation (please tick):

bungalow 6 pers.	per	nights, from	to
room 4 pers.	per	nights, from	to
room 2 pers.	per	nights, from	to
apartment	per	nights, from	to

6. Meals (please circle): YES NO

7. Valid Health Certificate (please circle): YES NO

8. Valid insurance (please circle): YES NO

9. Languages (please state):

10. Cave exploring experience (in years):

date:

